

# HIGH PERFORMANCE

## OWN THE PODIUM

### WHAT IS THE HIGH PERFORMANCE PROGRAM?

Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Wrestling, collaborates to deliver programs and services to place BC athletes onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

### WHO ARE THE PARTICIPANTS?

A standardized process is in place to identify athletes and coaches within the BC Wrestling high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. Canadian Sport Institute / Pacific Sport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the Podium, identified by the sport-specific Podium Pathway and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

### WHEN AND HOW ARE PARTICIPANTS SELECTED?

The athlete and coach nomination cycle for Canadian Sport Institute / Pacific Sport / BC Wrestling targeting runs June 1 to May 31 annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the BC Wrestling targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

### WHY HAVE HIGH PERFORMANCE?

Canadian Sport Institute / Pacific Sport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes 5-12 years from the Podium, identified by the sport-specific Podium Pathway and Gold Medal Profile. These athletes represent both the next generation (5-8 years from Podium) and future generations (9-12 years from Podium) of Olympic and Paralympic (or World Championship) medallists.



**WRESTLING BC**  
British Columbia Wrestling Association