

# PROVINCIAL DEVELOPMENT TRAINING CHAMPIONS

## WHAT IS THE PROVINCIAL DEVELOPMENT PROGRAM?

The Provincial Development program involves the identification, selection, and targeting of BC team athletes. High performance training opportunities including training camps, practices, and competition will be available to participants.

## WHO ARE THE PARTICIPANTS?

BC team athletes will be selected based on BCWA provincial CSI- carding criteria. Training opportunities including training camps, practices, and competition will also be available to BCWA member athletes not selected by BCWA with conditions.

## WHERE ARE THE TRAININGS AND COMPETITIONS?

Please see the schedule for event details.

## WHEN?

Training will take place at Simon Fraser University Central Gym. Athletes are welcome to join training with Burnaby Mountain Wrestling Club on Monday, Wednesday and Friday at 4:30 PM. Please note this schedule may be subject to change and participants are encouraged to contact the Provincial Development Coach or High Performance Coach to verify the schedule.

## WHY IS THE PROGRAM NECESSARY?

Increased participation of wrestlers.

Increased access and opportunity for training and competition.

Increased number of female coaches within BC.

Athlete development consistent with the Gold Medal Profile (GMP).

To provide athletes with a program that will enhance performance and provide them with the tools needed to perform at a high level in the sport of wrestling.

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**WRESTLING BC**  
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