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and bylaws of BCWA, CAWA, the Province of British Columbia,

2. avoid any behaviour which would cause unreasonable disruption or interference in competitions, training camps, or preparation of any athlete for a competition; (i.e. fist fighting, abusive or foul language, etc. )
3. avoid theft or vandalism of any property, hotel rooms, dormitories, training facilities, and equipment; The athlete shall be held accountable for such actions and agrees to reimburse the BCWA directly for any such damage.
4. agree to be in their assigned quarters at the given time indicated by the attending head coach, and outside guests will be prohibited in athletes quarters without the consent of the attending head coach, or their own coach if present.
5. show respect to all people regardless of gender, colour, race, or creed. (i.e. be discreet in expressing and exchanging political, economical, and religious views in public)
6. avoid use of banned substances that are contravention to rules, regulations, & bylaws of BCWA, CAWA, & the IOC.
7. for athletes to submit to random doping control tests at competitions and at other reasonable times as requested by CAWA, the Canadian Centre for Drug-free Sport, or any other authority designated to do so by the CAWA; Failure to submit to such testing shall be grounds for immediate dismissal from BCWA membership.
8. avoid substance use, whether alcohol, or drug abuse and the use and possession of illegal drugs as defined according to the laws of Canada, and British Columbia.
9. participate in substance abuse counselling and /or “Drug Free Education” programs when requested to do so.

### Code of Ethics For Wrestlers

#### *All BCWA Athletes shall :*

- a) Treat opponents with respect.
- b) Wrestle hard within the rules.
- c) Exercise self-control at all times.
- d) Respect the decisions of officials without gesture or argument.
- e) Show good sportsmanship by winning with humility and losing with dignity.
- f) Show that it is a privilege to represent their school, community, and province.
- g) Recognize and applaud honesty and wholeheartedly the efforts of team-mates or opponents regardless of gender, colour, creed, or race.

### Code of Conduct on the mat

#### *Athletes shall :*

- shake hands with the referee and the opponent before and after the match;
- not stop a match (Only the whistle of the referee stops a match);
- use a handkerchief to “clear” the nose or the mouth;
- not talk, not swear, and not make gesture to the opponent or the referee;
- leave the mat immediately after the match.

### Roles and Responsibilities

#### **Dress**

- BC team members must bring appropriate clothing for official functions & final banquet. Clothes should be neat & clean.
- During travel, all team members are asked to dress appropriately. Sweat pants, torn blue jeans, or gym shorts are not suitable for travel.

#### **Punctuality**

- All team members are expected to be on time for all scheduled events. i.e. training sessions, competitions, meetings, etc.. For team co-ordination to work effectively, it is important for all members to be punctual.

### Disciplinary Action

Athletes found violating “code of conduct” may be subject to immediate disciplinary action agreed upon by the head coach and the disciplinary committee (contacted by phone from the event). NOTE: Zero tolerance for severe misconduct.

- Withdrawn from tournament or camp regardless of placing.
- Returned home at their own expense



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not sanctioned to National or provincial events)  
ch from disciplinary committee within 1 week of incident  
their personal coach, and their parents.