



# 2020 Western Canada Wrestling Club Championships

Cowichan Valley, BC

March 13-14, 2020

Brentwood College

The CVWC is excited to host the First Annual Western Canada Wrestling Club Championships. The goal of this tournament is to bring some of the best clubs, wrestlers and coaches together to compete in a high level, multi-age and multi-gender tournament in preparation for the Canadian National Championships and, more importantly, further develop our local, provincial, national and international athletes.

# Tournament Information

<b>ORGANIZING COMMITTEE</b>	Cowichan Valley Wrestling Club
<b>COMPETITION VENUE</b>	Brentwood College School (Foote Athletic Center) 2735 Mt Baker Rd Mill Bay, BC V0R 2P1
<b>NUMBER OF MATS</b>	6-8 competition mats
<b>AGE GROUPS &amp; WEIGHT CATEGORIES</b>	<p>Elementary: Weight groups will be divided into age and ability. Open to ages 8-12 (some exceptions will be allowed).</p> <p>U16: 13 to 15 years of age (born in 2004 to 2007, some exceptions will be allowed).</p> <p>BOYS: 35, 38, 41, 45, 48, 51, 54, 57, 60, 63, 66, 70, 74, 78, 84, 90, 90+</p> <p>GIRLS: 36, 40, 43, 47, 51, 54, 57, 60, 64, 69, 75+</p> <p>U19: 16 to 18 years of age (born in 2002-2004)</p>

Male weights (U16 & U19):

41-45, 48, 51, 55, 60, 65, 71, 80, 92, 110 kg

Female weights (U16 & U19):

36-40, 43, 46, 49, 53, 57, 61, 65, 69, 73 kg

Adult Division: Open to all ages and abilities

Male

- 57kg - Olympic Weight
- 65kg - Olympic Weight
- 74kg - Olympic Weight
- 86kg - Olympic Weight
- 97kg - Olympic Weight
- 125kg - Olympic Weight

Female

- 50kg - Olympic Weight
- 53kg - Olympic Weight
- 57kg - Olympic Weight
- 62kg - Olympic Weight
- 68kg - Olympic Weight
- 76kg - Olympic Weight

\*Weights will be grouped or combined depending on overall numbers for each weight class.

## REGISTRATION

The Registration deadline is March 9th, 2020 at 11:59 pm PT, but will be subject to a late fee as outlined in the “Entry Fees” section below. **No registrations will be accepted after March 12th, 2020 at 11:59 pm PT.** This applies to all athletes, coaches and support staff.

All athletes and support staff must be registered members of their PTSO and be members in good standing as of the time of the weigh-in for this event. Officials must be registered members in good standing with the Canadian Association of Wrestling Officials (CAWO) and their Provincial Wrestling Officials Association, if applicable.

SUBMIT your “EVENT REG” using the 2mev portal online. **ALL DIVISIONS MUST BE REGISTERED USING THE ONLINE PORTAL!** If your club does not have an account, you will need to create your club first before registering your athletes. Please follow the link below to the registration portal.

<https://2mev.com/#!/events/905-2020-western-canada-club-wrestling-championships>

If you have any questions regarding registration you can contact 2mev directly or you can contact Alana

	<p>Oakes or Richelle Mckenzie. If you have any questions regarding how to register, please email <a href="mailto:aoakes226@gmail.com">aoakes226@gmail.com</a> or <a href="mailto:rymckenzie@shaw.ca">rymckenzie@shaw.ca</a> or via phone: 250-735-0354 (Richelle) or 250-723-4209.</p> <p><b>ALL registrations must be submitted by 9pm (PT) on Monday, March 9<sup>th</sup>. Any late registrations will result in a fee of \$25 or applicants may not be eligible to wrestle.</b></p> <p>For the Elementary Division, please also email a copy of the entry list to <a href="mailto:nzuback@hotmail.com">nzuback@hotmail.com</a>, <b>by 9:00 pm (PT) Monday, March 9<sup>th</sup></b>. Please include a RATING for each athlete: (4 = Outstanding; 3 = Good; 2 = Average; 1 = Weak). Email last-minute drops/adds no later than 11:59pm (PT), on Thursday, March 11<sup>th</sup> to <a href="mailto:nzuback@hotmail.com">nzuback@hotmail.com</a> <b>ABSOLUTELY NO ADDS AFTER THE THURSDAY DEADLINE!!!</b></p>
<p><b>COACHES</b></p>	<p>To receive a coach accreditation (eligible to coach during the event), coaches must have the following MINIMUM elements recorded in their NCCP transcripts, NO LATER than March 9<sup>th</sup>, 2020:</p> <ul style="list-style-type: none"> <li>● Make Ethical Decisions Evaluation</li> <li>● Community coaching</li> <li>● *working towards Competitive Introduction</li> </ul>

**ENTRY FEES**

Elementary  
The cost for the entering wrestlers in the elementary division is \$20 if entered by the March 9th deadline.

The cost for entering wrestlers in the U16 & U19 divisions is \$30 if entered by the March 9th deadline.

Adult Division: Open to all ages and abilities.  
The cost for entering wrestlers in the Adult Open division is \$70 if entered by the March 9th deadline.

All entries received after March 9th, 2020 will be subject to a \$25 late fee per athlete entered.

**No registrations will be accepted after March 12th, 2020 at 11:59 pm PT.**

**RULES**

Elementary

- Modified BC High School rules will be used for both of these divisions

U16, U19 & Adult Open

- Wrestling Canada Lutte 2019-2020 rules (TBD) will apply with a modified double elimination bracket system

<b>AWARDS</b>	Medals will be handed out to all elementary wrestlers. For the remaining divisions, the top three in each weight class will receive a medal. Plaques will be awarded to the top three clubs of each division.
<b>MEDICAL</b>	A physician will be in attendance and athletic therapists will be on site. Athletes requiring preventative therapy will require their own supplies.
<b>HOTELS</b>	<p><b>Host - Oceanfront Suites at Cowichan Bay</b>  1681 Cowichan Bay Road  Cowichan Bay, BC  Hotel (250) 715-1000  <a href="http://www.OceanfrontCowichanBay.com">www.OceanfrontCowichanBay.com</a>  *Contact: Robert Green  Assistant General Manager, Sales and Marketing</p> <p><b>Host - Best Western Cowichan Valley Inn</b>  6457 Norcross Rd  Duncan, BC  *Contact: Bonnie Park  <b>bpark@cowichanvalleyinn.com</b>  1-604-368-1452</p> <p><b>Host - Ramada Cowichan Valley</b></p>

	<p>140 Trans-Canada Hwy  Duncan, BC  250-748-4311</p>
<p><b>GROUND  TRANSPORTATION</b></p>	<p><b>Mid Island Bussing</b>  Dave Smith  Phone: 250-510-1652</p>
<p><b>HOST ORGANIZING  COMMITTEE</b></p>	<p><b>TOURNAMENT DIRECTOR</b>  Nick Zuback  Cowichan Valley Wrestling Club  Email: <a href="mailto:nzuback@hotmail.com">nzuback@hotmail.com</a>  Phone: 250-815-0959</p> <p><b>ON-SITE TRANSPORTATION</b>  Corey Pace  <a href="mailto:corey_pace@hotmail.com">corey_pace@hotmail.com</a></p> <p><b>OFFICIALS</b>  Head Official - Clayton Dyck  Head Pairing Master - Richelle McKenzie</p> <p><b>LIAISON</b>  Nicole Bond - <a href="mailto:bondridge@shaw.ca">bondridge@shaw.ca</a></p>



<b>SCHEDULE</b>	
<b>THURSDAY</b> <b>March 12, 2020</b>	Arrival Open practice times 5:00-9:00pm
<b>FRIDAY</b> <b>March 13, 2020</b>	8:00 am - Venue opens 9:30 am - 11:30 am - Weigh-ins U16 & U19 (Only) 9:35 am - Session 1 “Elementary” 12:30 pm - Lunch 1:00 pm - Session 2 “U16 & U19” 5:00 pm - Dinner 5:30 pm - Session 3 Elementary Finals, U16 & U19 8:00 pm - Day one conclusion 9:00 pm - Coaches and officials social
<b>SATURDAY</b> <b>March 14th, 2020</b>	8:00 am - Venue opens 9:30 am - Weigh-ins Adult Open Division 9:30 am - Session 4 Finish of prelims 11:00 am - Session 5 5/6 & 3/4 places 11:30 am - Session 6 Adult Open Division 12:30 pm - Lunch 1:00 pm - Session 6 Adult Open Division 2:00 pm - Session 7 FINALS 5:00 pm - Day two conclusion
<b>THANKS TO OUR SPONSORS</b>	
Brentwood College	

CVRD

Hilltop Dentistry

Ocean Suites at Cowichan Bay

Best Western Cowichan Valley Inn

Ramada Inn Duncan



