

2012 LOWER FRASER VALLEY ZONE

WRESTLING CHAMPIONSHIPS

Location:

Gleneagle Secondary - 1195 Lansdowne Dr Coquitlam (Ph: 604-464-5793)

Tournament contacts:

Mark Tustin mtustin@sd43.bc.ca

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Schedule:

Thursday Feb 9th

3:30pm - 5:30pm Weigh-In (Two weigh-in locations)

-(Coquitlam, Port Coquitlam, and Port Moody) weigh-in at Gleneagle Secondary

-(Burnaby and New West schools) weigh-in at Burnaby Central Secondary

6:00pm – 7:00pm LFV Seeding Meeting at Gleneagle Secondary

Friday Feb 10th

2:00pm Warm-up / matches begin (Gleneagle's main Gym)

-estimated finish time between 7-8pm

Rules and Weight Classes:

All BCSSWA Rules are in effect. Weight classes listed below

BOYS (Kg) 38,41,45,48,51,54,57,60,63,66,70,74,78,84,90,110,110+(Max 130Kg)

GIRLS (Kg) 40,43,47,51,54,57,60,64,69,75,90,90+(Max 110)

BC Championships Berths:

Boys Top 5 per weight class Girls 5 Top per Weight class. This includes petitioned athletes.

Awards:

- Gold, Silver and Bronze Medals for Top-3 Placers in each weight class
- Team Banners/Trophies for Top Teams for Boys and Girls
- Outstanding Wrestler for Boys and Girls

First-Aid:

- St. John's First-Aid attendant will be on hand during the tournament

Coaches Lounge/Refreshments:

- Food and drink will be available for Coaches, Officials and First-Aid attendant
- Concession will be available selling drinks, snack bars, chips and possibly sandwiches