



# WRESTLING CANADA LUTTE

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To: PSO/TSO

CC: Club Coaches

From: Clint Kingsbury – Domestic Development Mgr. (CAWA)  
Corey Robinson – VP Development

Date: November 3, 2009

Subject: CADET/JUVENILE National Championship Weight Class CHANGES

Dear Wrestling Community,

The Canadian Amateur Wrestling Association (CAWA) has made some changes with regards to the National Championship weight classes for the Cadet/Juvenile age groups. This past June at the CAWA Board of Directors Meeting, the Board chose to change the weight classes to the following as per the motion proposed by the Ontario Amateur Wrestling Association (OAWA). The Weight Class change is to take effect this year (2010) at the Nationals in Vancouver, BC.

Please note that the weight classes **are different** than that of the FILA Cadet Weights.

FILA Cadet Boys: 42 46 50 54 58 63 69 76 85 100

FILA Cadet Girls: 38 40 43 46 49 52 56 60 65 70

### **NEW: Cadet Boys Weights**

42	45	48	51	54	57	60	63	66	69	72	76	80	85	92	100	115
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### **NEW: Juvenile Boys Weights**

45	48	51	54	57	60	63	66	69	72	76	80	85	92	100	115	130
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### **NEW: Cadet Girls Weights**

40	42	45	48	51	54	57	60	63	66	69	72	76	80
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### **NEW: Juvenile Girls Weights**

42	45	48	51	54	57	60	63	66	69	72	76	80
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Be aware that your athletes will have one weigh in. They will need to make the weight that is important to them Here are some EXAMPLES:

(IE. FILA Weight Men 50kg, but will be put in 51kg for Nationals).

(IE. National Weight Men 92kg will have to compete at 100kg for FILA Trials).

(IE. National Weights Women 66kg and 69kg will have to compete at 70kg in the FILA Trials)

If you have any concerns or questions, please contact me right away, I want to make sure all is known prior to the Event.

Sincerely,

*Clint Kingsbury*

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